

SIX PRINCIPLES OF SOIL HEALTH™

1



Know your context.

Our soil health practices are a reflection of ourselves and our stewardship of the land.

2



Do not disturb.

In nature, there is no mechanical or chemical disturbance.

3



Cover and build surface armor.

to protect the soil's "skin."

4



Mix it up.

with a diversity of plants, microbes, insects, wildlife, livestock. Mother Nature did not grow monocultures so why should we?

5



Keep living roots in the soil.

as long as possible each year. Roots feed soil microorganisms, which feed our plants.

6



Grow healthy animals and soil together.

Grazing has been an essential component of all soils at one time or another.

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